

HOPE HORIZONS CANCER WELLNESS CENTRE PRESENTS

Living Well With Cancer Education Forum

Road to Hope

Tony Lawton Photography

Learn about how Hope Horizons supports your cancer journey

9AM-3PM Thursday 23RD May

Granite Belt Brewery, 146 Glenlyon Drive, Stanthorpe

OUR PROGRAM INCLUDES:

GUEST SPEAKERS

Kate Beyer, Hope Horizons
Susan Long, Susan Long Psychology
Alastair McGorm, Vision Exercise Physiology
Jenny Wren, Grace & Joy Wellness

AFTERNOON SESSIONS

Susan Long Psychology: relationships and cancer
Susan Long Psychology: talking about your diagnosis with others
Vision Exercise Physiology: group exercise circuit sessions
Grace & Joy Wellness: guided meditation and mindfulness session

FULLY CATERED LUNCH INCLUDED

BOOK NOW

www.hopehorizons.com.au

or 4636 6108

The logo for Hope Horizons features the word "Hope" in a large, white, cursive font, with a vertical line through the letter 'o'. Below "Hope" is the word "HORIZONS" in a smaller, white, sans-serif font.

FREE EVENT - BOOKINGS ESSENTIAL - LIMITED TICKETS

The Road to Hope is proudly funded by PHN Darling Downs and West Moreton